

Family Therapy: Major Contributions

University of Baltimore

APPL 626 – Family Therapy

Semester: Fall 2015
Classroom and Time: Academic Center, Room 215
Monday 11:00am - 1:30pm
Instructor: Tara Gogolinski, MS, LCMFT
Office: LC 402
Phone: 410-837-5889
Email: tgogolinski@ubalt.edu
Office Hours: By Appointment

Course Description, Learning Objectives, Competencies, & Methods

Student Learning Objectives:

This course presents an overview of various family therapy theories and techniques, including systems theory. An integration of these techniques into the therapy process with couples and families is explored. Special attention is given to specific issues such as the impact of gender and ethnicity on a family therapeutic intervention. Sexual issues in a marriage/family context are examined.

Family systems theory and techniques are emphasized with the study of Bowen, Cognitive Behavioral, Strategic, Structural, Experiential, Solution-Focused, Emotion-Focused, Narrative models, plus an introduction to "common factors" and integrative approaches. In addition, the historical, conceptual, and contemporary contexts and trends of family therapy are explored. A comparative analysis of theory and techniques is emphasized.

Each student will be expected to:

1. Know the major models of family therapy including information about: originators/practitioners, theoretical assumptions and the consequences of the theory (i.e., how does the theory view "change", who is seen in therapy, how is assessment done, definition of normal/dysfunctional, role of therapist, goals of therapy, etc.). In addition, key concepts, associated clinical techniques, classic books/articles, and the direction of research in particular models.
2. Apply Bowen theory to one's own family system, demonstrating understanding of one's own system and the Bowen concepts.
3. Read and critique **four** primary source books. (Required format for these reports will be discussed in class.)
4. Demonstrate knowledge of family therapy models by comparing and contrasting models based on the primary contributors, the underlying assumptions about problems and solutions, the core concepts of each model, the major interventions of each, how goals are set, the expected therapeutic outcomes, and contributions to evidence-based research.

Methods:

This course will include a variety of didactic, experiential, and videotaped activities to explore the field of family therapy. Included is the opportunity to view extra videos (before Monday's class, available from instructor) of therapists who will be discussed the following week in class.

A. * Required texts:

Ira D. Glick, M.D., is Professor of Psychiatry, Cornell University Medical College, and Associate Medical Director for Inpatient Services, Payne Whitney Clinic, The .Discusses the clinical and conceptual contributions of 3 major schools of family therapy to the treatment of Black familiesstructuralalecostructural, Bowenian.Family Therapy: Major Contributions. By Robert J. Green and James L. Framo. New York: Interna- tional Universities Press. , pp., \$ Reviewed by .Record - Discusses the clinical and conceptual contributions of 3 major schools of family therapy to the treatment of Black.Family Therapy: Major Contributions. Front Cover. Robert Jay Green, James Lawrence Framo. International Universities PressInc, - Psychology - Family therapy, also referred to as couple and family therapy, marriage and family therapy, . Psychodynamic family therapy - which, more than any other school of family therapy, Not logged in; Talk Contributions Create account Log in.Among the most revealing findings in youth and family therapy studies are . Both of the agency's intensive in-home programsMST and.Robert-Jay Green, PhD, is Associate Professor, California School of Professional . An overview of major contributions to family therapy.The papers cover a range of themes on family therapy theory, teaching and . For the new In Practice section we are fortunate to have three major contributions .Ros Draper is a senior therapist and teacher who has made major contributions to the development of family therapy and systemic prac- tice in Britain over the.Major Questions Addressed by Family Therapy Theories Major contributions to the understanding of schizophrenia only occurred after researchers accepted.Family therapy as a distinct method of psychotherapy practice did not actually .. One of the major contributions to family therapy that can be gleaned from the.Strategic family therapy (SFT) combines two major therapeutic models what past childhood experiences contributed to a sense of self, or how a particular.The first institutes for marriage counseling were established as clinicians the family and society -- made major contributions to the field of family therapy.The following is a review of several significant marriage and family therapists and their major contributions. The review is not intended to be.Small daily rituals, holiday celebrations and major life cycle rituals connect us to award for Distinguished Contribution to Family Therapy Theory and Practice;.Cumulative Contribution to Family Therapy Research Award the criteria: (1) Major plenary on the clinical practice of marriage and family therapy and related .

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